

# Spiritual Warfare

Session Seven – The Flesh

Dr. Tony Myers

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## FLESH

**1 John 2:16**

**Galatians 5:19-21 - Flesh**

**Galatians 5:22-26 - Spirit**

### Questions That Ties Us in Knots

- What is wrong with us?
- Why do we do ungodly things?
- Is it wrong to want?
- How do we discern when our desires are godly?
- Can we really discern our or another's heart?
- Desires of the body & Desires of the mind
- Desires and Fears
- The reality of mixed motives (desires)
- Can we change our desires, what we want?

### Defenses Against the World and the Flesh:

1. Prayer
2. Self-Examination
3. Means of Grace

### SUMMARY:

**Kill the Flesh - Hate the World - Stand Against the Devil - Love the Lord**

*Neither they nor any one else can dispossess the heart of an old affection, but by the expulsive power of a new one - and, if that new affection be the love of God, neither they nor any one else can be made to entertain it*

*~ The Expulsive Power of a New Affection by Thomas Chalmers*

### RESOURCES:

- *The Mortification of Sin* by John Owen
- *Seeing with New Eyes* by David Powlison

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Session Seven – Ephesians 6:13-20  
Standing in The Whole Armor of God

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*10 Finally, be strong in the Lord and in the strength of his might. 11 Put on the whole armor of God, that you may be able to stand against the schemes of the devil. 12 For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.*

*13 Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm ... (Ephesians 6:10-20)*

## OPENING

## FINALLY - THEREFORE

## THE WHOLE ARMOR ...

(13) “Put on” or “Take up”

The armor in Ephesians 6 matches the armor that Jesus Himself wears

- Isaiah 11:1-5
- Isaiah 59:16-20

KEY: When we put on the “full armor of God” we are actually putting on Christ.  
Romans 13:11-14

## IN THE LORD & HIS STRENGTH

## STANDING FIRM

## AGAINST EVIL

## CLOSE

## RESOURCES

*The Whole Armor of God: How Christ's Victory Strengthens Us for Spiritual Warfare*  
By Iain M. Duguid